1 A new lifestyle

PRAYER

Lord of all love, show me my neighbor.
When I go out the door, show me my neighbor.
When I am tempted to turn away, show me my
neighbor. When I do not know him, who is coming to
me, show me that he is my neighbor.
Open my eyes! Show me my neighbor.
Amen.

BIBLE

One person reads the Bible passage aloud.
Short silence.

Exchange: What particularly appealed to you?

Mk 12,29-31

Jesus replied, "The first is this: 'Hear, O Israel! The Lord our God is Lord alone! You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

STUDY

1. Read DOCAT text sentence-for-sentence.
   Then one person reads the text aloud in full.

2. Three minutes of silence.

3. Each person reads a word or phrase aloud
   (without comment) that he or she has noticed.

4. Explain briefly in the next round why you have
   chosen the sentence (e.g. memories, questions, etc.)

16   *Is loving your neighbor something you can practice and learn?*

Yes. Indeed, it is very important. Love is not only a feeling. Love is also a virtue, a power than can be trained. Becoming braver and bolder, as well as more just and more loving is a true challenge for every Christian. We must learn to look at the world from the other person's perspective. People whom we meet with sincere goodwill sense that they are being taken seriously as persons and can express themselves freely. If we practice love when it is easy to do so, we will become, with God's help, increasingly capable of loving even when it is painful and when we are not "loved in return". This is the case in caring for the poorest of the poor, and it is even more true when we have to deal in a new way with our opponents: renouncing revenge, retaliation, and violence.

DISCUSS

Also discuss your own questions on this topic!

Treasure Books: Take five minutes to write down what you don't want to forget.

1. True love – what is this at all? How can we recognize
   it? And why should I practice my ability to love?

2. Why is to love one's neighbor so important? Is it not
   enough to be tolerant?

3. Mother Theresa once suggested to „love until it hurts". What did she
   mean by that?

4. What does it mean to you to love there where you won't be ‚loved in
   return'? Are there any opportunities for that in your daily life?

CHALLENGE

**Consider during next weeks what you could do voluntarily in this respect, before somebody has the idea to ask you.
Do you take on this challenge?**

*Our **CHALLENGES** are only suggestions you may follow additionally to your study guide meetings. You may replace them by stronger, more suitable, more creative or better ones. Share them with us on...., and if they are really good, then we will publish them in this study guide.*

#DOCATChallenge
Share your experience on Facebook or Instagram.

Similar DOCAT questions: *Inspiration:*

DOCAT Studyguide

1 A new lifestyle

PRAYER

Lord of all love, show me my neighbor.
When I go out the door, show me my neighbor.
When I am tempted to turn away, show me my
neighbor. When I do not know him, who is coming to
me, show me that he is my neighbor.
Open my eyes! Show me my neighbor.
Amen.

BIBLE

One person reads the Bible passage aloud.
Short silence.

Exchange: *What particularly appealed to you?*

Mk 12,29-31

Jesus replied, "The first is this: 'Hear, O Israel! The Lord our God is Lord alone! You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

STUDY

1. Read DOCAT text sentence-for-sentence.
   Then one person reads the text aloud in full.

2. Three minutes of silence.

3. Each person reads a word or phrase aloud
   (without comment) that he or she has noticed.

4. Explain briefly in the next round why you have
   chosen the sentence (e.g. memories, questions, etc.)

16 *Is loving your neighbor something you can practice and learn?*

Yes. Indeed, it is very important. Love is not only a feeling. Love is also a virtue, a power than can be trained. Becoming braver and bolder, as well as more just and more loving is a true challenge for every Christian. We must learn to look at the world from the other person's perspective. People whom we meet with sincere goodwill sense that they are being taken seriously as persons and can express themselves freely. If we practice love when it is easy to do so, we will become, with God's help, increasingly capable of loving even when it is painful and when we are not "loved in return". This is the case in caring for the poorest of the poor, and it is even more true when we have to deal in a new way with our opponents: renouncing revenge, retaliation, and violence.

DISCUSS

Also discuss your own questions on this topic!

Treasure Books: *Take five minutes to write down what you don't want to forget.*

1. True love – what is this at all? How can we recognize
   it? And why should I practice my ability to love?

2. Why is to love one's neighbor so important? Is it not
   enough to be tolerant?

3. Mother Theresa once suggested to „love until it hurts". What did she
   mean by that?

4. What does it mean to you to love there where you won't be ‚loved in
   return'? Are there any opportunities for that in your daily life?

CHALLENGE

**Consider during next weeks what you could do
voluntarily in this respect, before somebody has
the idea to ask you.
Do you take on this challenge?**

Our **CHALLENGES** *are only suggestions you may follow additionally to your study guide meetings. You may replace them by stronger, more suitable, more creative or better ones. Share them with us on...., and if they are really good, then we will publish them in this study guide.*

#DOCATChallenge
Share your experience on Facebook or Instagram.

Similar DOCAT questions: *Inspiration:*

DOCAT Studyguide