



PRAY

Dear God, I walk lightly and unburdened through the world. I swirl around on the sports ground or climb up a slope. I am free in my movements and have forgotten what a gift that is. With your mercy and blessing, be with all those who do not enjoy such freedom because they cannot see, walk, hear or feel properly. Give these people other favors and beautiful experiences — and open my eyes wide so that I see where I am needed and where I can help the weaker people. Amen.



CONTEMPLATE

One person reads the Bible passage aloud.
Short silence.

Exchange: *What particularly appealed to you?*



STUDY

1. Read DOCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).



DISCUSS

Also discuss your own questions on this topic!

Treasure Book: *Take five minutes to write down what you don't want to forget.*



CHALLENGE

Our **CHALLENGES** are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at feedback@youcat.org.

#DOCATChallenge: *Share your experience on Facebook or Instagram.*



1 Kings 14:25-26

Therefore Shishak, king of Egypt, attacked Jerusalem and carried off the treasures of the temple of the LORD and of the king's palace. He took everything, including the gold bucklers that Solomon had made.

60

What does the Church say about discrimination against handicapped persons?

As Catholic social doctrine understands it, social justice is achieved when all people in society can participate in the central social, economic, political, and cultural activities in life. Forms of discrimination that exclude people from such participation are an injustice. It is therefore the task of the State and society to create the conditions for ensuring the participation of handicapped persons, also. Ultimately the dignity of the human person does not depend on bodily and intellectual abilities, and the respect due to a person cannot be defined in terms of achievements or efficiency.

1. Moral question 1: Do you have friends with disabilities, or do you always pick out only those you admire of being the best in every respect?
2. Moral question 2: Where are the weak colleagues seated in your classroom, class or workplace — in the middle or at the side?
3. Moral question 3: Do you take any political action (by sending emails to the city administration, contributions via internet) in order to support disabled people to participate in normal life as much as possible?
4. Moral question 4: How do you act in case of bullying or if others are gossiping about weaker persons or outsiders within the group?

Get a wheelchair and use it to make a serious experiment. Push each other through the town and see how you feel. Look at obstacles, for instance, which cannot be managed by a wheelchair and watch how people react towards you. Attention: do not turn it into a gag!

Do you take on this challenge?



PRAY

Dear God, I walk lightly and unburdened through the world. I swirl around on the sports ground or climb up a slope. I am free in my movements and have forgotten what a gift that is. With your mercy and blessing, be with all those who do not enjoy such freedom because they cannot see, walk, hear or feel properly. Give these people other favors and beautiful experiences — and open my eyes wide so that I see where I am needed and where I can help the weaker people. Amen.



CONTEMPLATE

One person reads the Bible passage aloud.
Short silence.

Exchange: What particularly appealed to you?



STUDY

1. Read DOCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).



DISCUSS

Also discuss your own questions on this topic!

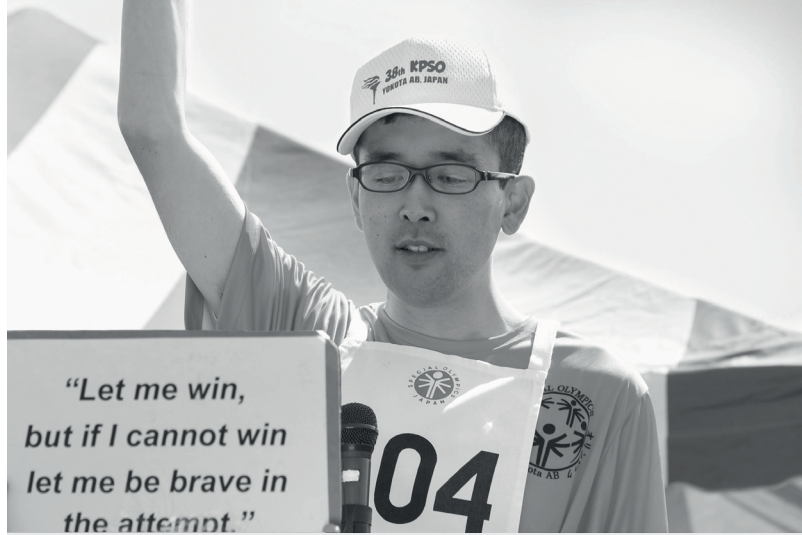
Treasure Book: Take five minutes to write down what you don't want to forget.



CHALLENGE

Our **CHALLENGES** are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at feedback@youcat.org.

#DOCATChallenge: Share your experience on Facebook or Instagram.



1 Kings 14:25-26

Therefore Shishak, king of Egypt, attacked Jerusalem and carried off the treasures of the temple of the LORD and of the king's palace. He took everything, including the gold bucklers that Solomon had made.

60

What does the Church say about discrimination against handicapped persons?

As Catholic social doctrine understands it, social justice is achieved when all people in society can participate in the central social, economic, political, and cultural activities in life. Forms of discrimination that exclude people from such participation are an injustice. It is therefore the task of the State and society to create the conditions for ensuring the participation of handicapped persons, also. Ultimately the dignity of the human person does not depend on bodily and intellectual abilities, and the respect due to a person cannot be defined in terms of achievements or efficiency.

1. Moral question 1: Do you have friends with disabilities, or do you always pick out only those you admire of being the best in every respect?
2. Moral question 2: Where are the weak colleagues seated in your classroom, class or workplace — in the middle or at the side?
3. Moral question 3: Do you take any political action (by sending emails to the city administration, contributions via internet) in order to support disabled people to participate in normal life as much as possible?
4. Moral question 4: How do you act in case of bullying or if others are gossiping about weaker persons or outsiders within the group?

Get a wheelchair and use it to make a serious experiment. Push each other through the town and see how you feel. Look at obstacles, for instance, which cannot be managed by a wheelchair and watch how people react towards you. Attention: do not turn it into a gag!

Do you take on this challenge?